



Bimbler's Bash 10k(ish) Trail Race
Westwoods, Guilford CT
April 11, 2010 09:00 am
www.bimblersbash.com



"...at the end it isn't over..."

COURSE DESCRIPTION: The course is entirely off-road loop within Westwoods, Guilford made up from a series of interconnecting single track hiking trails. You should expect to negotiate lots of rocks, roots and possibly get your feet wet, plus with two rock scrambles be prepared for an adventure! This is a true trail race and the technical nature of the terrain will mean that you will be exposed to the risk of injury. While every reasonable effort will be made to ensure your safety and enjoyment, you must be prepared to accept full responsibility for these risks and sign the liability waiver on the application form as a condition of your entry.

DIRECTIONS: The race starts and finishes at A. W. Cox Elementary School, 143 Three Mile Course, Guilford, Connecticut 06437. From I95 - Exit 57, turn onto Boston Post Rd/US-1 towards Guilford. After approximately 1 mile, take second right into 3 Mile Course (second right after Bishop's Market). At intersection of 3 Mile Course and Farmview Lane turn left on to 3 Mile Course Road. Parking is limited, please car pool if at all possible.

Pre-Race Entry, post marked before March 1st, 2010, \$20.**
Afterwards and Race Day \$25**

Proceeds from this event will go towards the Guilford Land Conservation Trust

**** Registrations shall be capped at a maximum entry of 250 competitors. If this figure is reached before race day registration will be closed. Check advance entry numbers at: www.bimblersbash.com**



Bimbler's Bash 10k(ish) Trail Race 2010 Application

NAME _____ AGE _____ D.O.B. _____

ADDRESS _____ GENDER (circle) F M

CITY _____ STATE _____ ZIP _____

PHONE _____ E-MAIL _____

LIABILITY WAIVER: In consideration of acceptance of my entry to the Bimbler's Bash 10k(ish) Trail Race, I hereby, for myself, my heirs, my executors, and administrators, waive any and all rights and claims for damages I may have against the Bimbler's Sound, B.W. Bishops and Sons, Inc., State of Connecticut, Town of Guilford, Guilford Board of Education, Guilford Land Conservation Trust, the Race Director, his agents and sponsors for any and all injuries suffered by me during the Bimbler's Bash 10k(ish) Trail Race. I hereby, by my signature (or signature of parent if under 18 years of age), acknowledge reading and understanding this clause, and attest and verify that I am aware of the hazards associated with this event and am physically fit and have trained sufficiently for this event. Entrants less than 18 years of age must have their parent or guardian's permission to participate in this event indicated by their signature below.

SIGNATURE _____

SIGNATURE OF PARENT (If under18) _____

Make checks payable to **Bimbler's Sound**, mail to:
 Bimbler's Bash, c/o Jerry Turk
 806 Durham Rd
 Guilford, CT 06437

Entry \$:
Bib #:
0201

